

LARAMIE , WYOMING
YR 0667

POC:
Jim Roehr
(307) 632-9768
pjroehr@aol.com

Start Point: Travelodge Motel
 165 North 3rd Street
 Laramie WY 82072
 (307) 742-6671

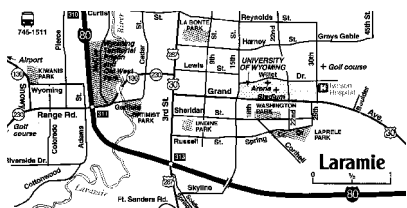
Time: Please walk during daylight hours.

Trail Rating / Description: 5/10Km; Rated 3; Strollers-Medium;
 Wheelchair-Hard; Pets-Yes; Restrooms-Yes

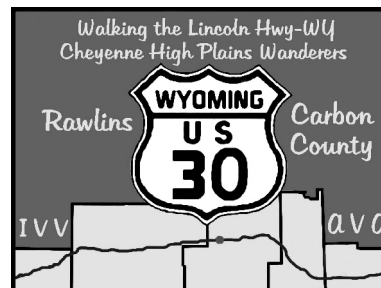
Direction: From I-80 take exit 311. Proceed north into Laramie on 3rd street, continuing north to motel.

Event Info: Altitude is 7276'. Trail follows LH on sidewalks. Goes by UPRR depot, courthouse, residential areas, city parks, University of Wyoming campus. Of special interest are the Geological Museum and American Heritage Center.

Start Point



Eligible For Special AVA Events:
College Campus
Courthouses in the USA
Railroad Heritage



RAWLINS, WYOMING
YR 1008

POC:
Arlene Ogasawara
(307) 638-9979
alittle@bresnan.net

Start Point: Best Western Cotton Tree Inn
 2221 West Spruce Street
 Rawlins WY 82301
 (307) 324-2737

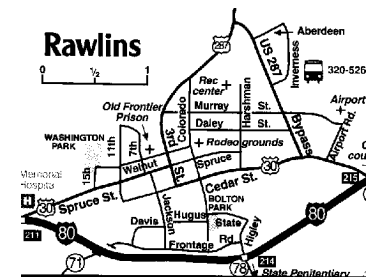
Time: Please walk during daylight hours.

Trail Rating / Description: 5/10Km; Rated 2+; Strollers-Hard;
 WheelChair-None; Pets-Yes; Restrooms-Yes

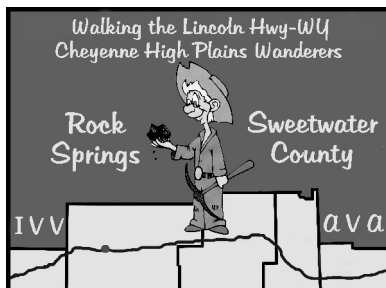
Direction: From I-80 take exit 211 and proceed East into town. Drive approximately two blocks. Motel will be on your left.

Event Info: Altitude is 6758'. Trail follows LH on city sidewalks. Trail passes Rawlins Uplift, Frontier Prison, cemetery, train depot, and other historic buildings.

Start Point



Eligible For Special AVA Events:
Courthouses in the USA
Cemetery Stroll
Railroad Heritage



**ROCK SPRINGS,
WYOMING
YR 0949**

POC:
Gaylord and Emma Fosdick
(307) 638-8583
emjane@bresnan.net

Start Point: Holiday Inn
1675 Sunset Drive
Rock Springs WY 82901
(307) 382-9200

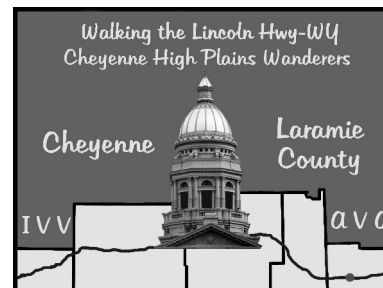
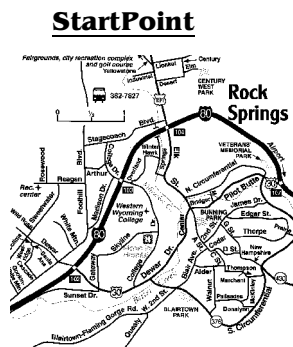
Time: Please walk during daylight hours.

Trail Rating / Description: 5/10Km : Rated 2+; Strollers-Hard;
WheelChair-Hard; Pets-Yes; Restrooms-Yes

Direction: From I-80 take exit 102. At traffic light on Dewar
turn onto Sunset Drive

Event Info: Altitude is 6275'. Trail follows LH on city streets
and sidewalks. Incorporates historic downtown walk. Passes by
monument honoring thousands of coal mine workers.

Eligible For Special AVA Events:
Railroad Heritage



**CHEYENNE,
WYOMING
YR 002**

POC:
Arlene Ogasawara
(307) 638-9979
alittleo@bresnan.net

Start Point: Wrangler Western Wear
1516 Capitol Avenue
Cheyenne WY 82001

Time: Daily 9am to 6pm - Closed Easter, Thanksgiving &
Christmas. During July 20-30, 2007 this event will be available
only with prior arrangement with POC.

Trail Rating / Description: 5/10Km; Rated 2; Strollers-Medium;
Wheelchair-Medium; Pets-Yes; Restrooms-Yes

Direction: From I-80 take exit 362 and proceed north to
Lincolway. Turn West/left and go one block. Wrangler is on your
left. From I-25 take exit 9 and proceed East though 7 traffic
lights. Wrangler is on your right.

Start Point
Event Info: Altitude is 6200'. Trail
follows LH on city streets.
Incorporates city park, Botanic
Gardens.
Eligible For Special AVA Events:
State Capitol
Courthouses in the USA
Cemetery Stroll
Railroad Heritage
US Presidents

